



## Safety Procedures

Moonlight Nepal Trekking and Adventure understands guests have a wide range of dietary needs and restrictions. Meals can be prepared without nuts, dairy, or meat. We are happy to honor any other special requests. In ten plus years of experience, no student on a Moonlight trek has experienced any food allergies.

We will have our own cook during the trip to ensure all food is prepared as per the student's dietary restrictions list.

Additionally, Moonlight Nepal Trekking and Adventure will provide one Australian paramedic or nurse for the group. If our Australian paramedic or nurse is unable to join the group for any reason, a Nepalese medical specialist or nurse will accompany the group at all times.

### **Following are our risk management and safety procedures:**

#### **RISK ASSESSMENTS**

A detailed risk assessment is carried out prior to every school group adventure in close consultation with our local ground partner. We also consult with the relevant government advisories to guarantee the best possible service.

#### **EXPERT LEADERS**

Every trip leader is first aid trained. Our leaders have years of experience guiding travelers through a wide range of wilderness experiences and conditions.

#### **FIRST AID KITS & DOCTORS**

Every group leader travels with a comprehensive first aid kit. If you wish, we can also organize for a professionally trained medical doctor to travel with the group.

#### **QUALITY INCLUSIONS**

We will never compromise the safety of participants to reduce the price of a tour. We only utilize private vehicles rather than public buses. Accordingly, we know the maintenance history of every vehicle used and ensure that each driver is experienced and has the proper qualifications. We only take students to clean and hygienic restaurants for meals. Moonlight Travel Company only chooses clean, safe, and secure hotels.

#### **COMMUNICATIONS**

We have a 24-hour support number that parents may ring at any time during their child's trip if there is an emergency. Parents also receive contact details of where their child will sleep each night.

## **PRE-TRIP SCREENING**

All participants are required to complete our medical form before departure. This ensures our team fully understands each student's unique medical and dietary needs.

## **LOCAL KNOWLEDGE**

Our team members will closely monitor media for the duration of our trip. In the rare case of emergency, staff will be well informed and able to respond swiftly. We are able to reroute itineraries or supply financial assistance where required to ensure the smooth continuation of any journey.

## **CRISIS MANAGEMENT**

Moonlight staff and local ground partners are all provided with our International Operations Manual which clearly outlines appropriate procedures in case of an emergency. Our detailed procedures ensure any emergency situation can be handled swiftly and appropriately.

## **SUPERB SAFETY RECORD**

Ensuring the safety of the students is imperative and, as such, all our guides and group leaders have completed the Wilderness First Aid Medical Course in addition to having extensive trekking experience. The safety and comfort of our guests is our top priority.

In the rare case of extreme emergency, our staff is able to arrange helicopter transport in mountainous terrain. Of course, to avoid such extreme circumstances, Moonlight Nepal Trekking and Adventure requests that guests follow the expert advice of our staff at all times.

**We have a 100% health and safety record and will ensure your students' visit to Nepal is one of the greatest memories of their lives.**